

EVANGELOS STEPHANOPOULOS

Chartered Clinical Psychologist

Contact

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Professional Memberships

Health & Care Professions Council
Registration No: PYL34764

British Psychological Society
Applied Psychology Practice Supervisor
Chartered Membership No: 230022

EMDR Association UK
EMDR Europe Accredited Practitioner

Education

Doctorate in Clinical Psychology
University of Lincoln - 2017

Pg Dip in Applied Psychology
Middlesex University - 2007

MA in Psychoanalytic Studies
University of Essex - 2004

BSc in Psychology with Criminology
Middlesex University - 2002

PROFESSIONAL PROFILE

Clinical Psychologist and educational entrepreneur with over 20 years' experience spanning NHS, private practice and academic settings.

Co-Founder and Director of Psych Pro Solutions Ltd, providing clinical psychology services and service development, and Psych Pro Academy LLP, the educational arm hosting [APs Hub](#) and CPD programmes.

Founder and Clinical Director of [ADHD Horizon](#), a psychology-led service delivering therapy, structured group programmes, and psychoeducation workshops for adults with ADHD in the UK.

Passionate about neurodiversity-affirming practice, ethical telehealth delivery and the development of the next generation of psychologists through accessible, evidence-based education.

AREAS OF EXPERTISE

Clinical Practice Complex mental health presentations, trauma, neurodiversity
Specialist assessment (ADHD, ASD, IQ, Dementia+)
Complex case formulation
CBT, ACT, EMDR, Integrative Therapy
Working with individuals, systems & organisations

Clinical Leadership Clinical Governance & Quality Systems
Service Design & Workflow Development
Multidisciplinary Team Leadership
Supervision & Associate Development

Education Higher Education Teaching & Curriculum Design
CPD & Mentoring Programs

Innovation Platform Design, Content Production, Digital Learning

CURRENT APPOINTMENTS

Co-Director | Psych Pro Solutions Ltd (2017 – Present)

Clinical lead for private psychology services serving UK clients via telehealth. Responsible for clinical governance, assessment pathways, risk management, data protection, and clinical supervision. Leads development of psychology-led ADHD intervention pathways.

Co-Director | Psych Pro Academy LLP (2025 – Present)

Educational arm of PPS, hosting [APs Hub](#) and future CPD programs. Designs and delivers mentoring curricula, video learning materials, and digital resources for psychology graduates and mental health clinicians.

EMPLOYMENT HISTORY

CLINICAL EXPERIENCE

Private Practice

Clinical Psychologist | Clinical Partners (2022 – 2025)

- Psychological assessment, formulation and treatment of adults of all ages, experiencing complex mental health difficulties.
- Carrying out specialist neurodevelopmental assessments and offering postdiagnostic support.

Clinical Psychologist | My Online Therapy (2020 – 2022)

Delivering remote psychological services and leveraging innovative technology to optimise therapeutic outcomes for clients.

NHS Trust Roles

Clinical Psychologist | Notts HC (2017 – 2021)

- Design and delivery of Clinical Psychology input to the Bassetlaw MHSOP community, inpatient, and memory assessment services.
- Providing supervision, consultation, and leading QI projects.

Trainee Clinical Psychologist | LPFT (2014 – 2017)

Psychological assessment, formulation and treatment of clients across the lifespan, within multiple settings (inpatient, outpatient and residential care) and presenting with the full range of clinical severity and variability.

Assistant Psychologist | LPFT (2012 – 2014)

Working as a member of a community-based MDT, supporting individuals with LD / ID and severely challenging behaviours.

Selected CPD & Additional Training

Clinical

EMDR Training: Parts 1-3

Sept 2019 – Oct 2020

Clinical Supervision

Essential Supervision Skills - 2024
Supervision in Applied Psychological Practice - 2018

Psychological Assessment

BPS Certifications (2018):
Assistant Test User: Occupational
Test User: Occupational, Personality
Test User: Occupational, Ability

ASD

ADI-R (2023)

ADOS (2024)

ADHD

Adults (2025)

Children (2025)

Leadership

Middle Management & Leadership Training

Vision 21, Notts HC (2019 -2020)

Teaching

Higher Education

HEA Associate Fellowship (2022)

Languages

Greek



English



German



Evangelos Stephanopoulos

Chartered Clinical Psychologist

Offers:

- Therapy
- Supervision
- Consultation
- Training

Clients:

- Individuals
- Groups & Teams
- Organisations

Specialist assessment:

- ADHD
- ASD
- LD / ID
- IQ & EQ
- Dementia

1:1 Therapy with:

- Complex difficulties
- ADHD
- Trauma

Third Sector & Part-Time Volunteering

Psychologist | EPAPSY, Greece (2007 – 2011)

Providing psychological input and clinical lead for the MDTs of two community-based, residential settings for individuals with complex MH needs.

Psychologist | Alzheimer's Association, Chalkis (2010 – 2011)

Psychologist | SOPSY Chalkis (2008 – 2009)

Care Worker | The Ryes School Organisation (2005 – 2007)

CLINICAL GOVERNANCE & LEADERSHIP

Psych Pro Solutions (2017 - Present)

- Establish and maintain the company's clinical-governance framework across psychology and psychiatry services.
- Author of policies on risk escalation, consent, record-keeping, GDPR, and safeguarding.

Psych Pro Academy (2025 - Present)

- Translate clinical and educational standards into mentoring, CPD, and supervision programs for mental health professionals.

MHSOP, Notts HC - Clinical Psychologist (2017 - 2021)

- Designed clinical psychology pathways and led initiatives to build team psychological competencies through structured training and consultation.

EPAPSY – Clinical Lead & Psychologist (2008 - 2011)

- Held combined clinical-lead and managerial responsibility within community mental health services.
- Coordinated service delivery across community and residential settings, liaising with local authorities and NGOs.

EDUCATION, TEACHING & TRAINING

Higher Education

Senior Lecturer in Clinical Psychology, module coordinator and research supervisor (UoL, 2021-2023); Guest Lecturer on the Trent DCLinPsy course (2018-2022); Honorary Lecturer at the University of Lincoln (2023-2025).

Professional Training

Developed and delivered MDT training and psychoeducation in Greece and the UK (2008 - present), enhancing psychological skills and competencies across numerous teams and services.

Mentoring & CPD

Co-founder of APs Hub, offering mentoring and video-based learning.